

**SES's L.S.RAHEJA COLLEGE OF ARTS AND  
COMMERCE  
(AUTONOMOUS)**



**Syllabus of Foundation Course in NCC under NEP 2020 vertical (CC) with effect from 2024-25**

**Sub Committee of Co-Curricular Courses**

**HoD/Sr. Person of the Department: Dr. Akshata Kulkarni**

**Date of approval by the BoS: 26/04/2024**

**Approved by the Academic Council on: 29/04/2024**

**Ratified by the Governing Body on: 06/05/2024**



<b>Programme: All First Year Programmes</b>			<b>Semester: I &amp;II</b>		
<b>Course: Foundation Course in NCC</b> <b>Academic Year: 2024-2025      Batch: 2024-2027</b>			<b>Code:</b> <b>UGBFMICC224/UGBFMIICC224</b>		
<b>Teaching Scheme</b>			<b>Evaluation Scheme</b>		
<b>Lectures</b>	<b>Practical</b>	<b>Tutorials</b>	<b>Credits</b>	<b>Internal Continuous Assessment (ICA) (weightage)</b>	<b>Term End Examinations (TEE) (weightage)</b>
<b>30</b>	<b>Nil</b>	<b>Nil</b>	02	40 %	60 %

Particulars	%
Class Tests/Presentation/Class Participation	40%
Class Tests/Presentation/Class Participation	10+5+5= 20 Marks

<b>Learning Objectives:</b>	<ul style="list-style-type: none"> <li>• <b>Introduction to NCC Values:</b> To introduce cadets to the core values and mission of NCC which include discipline, unity, and leadership.</li> <li>• <b>Skill Development:</b> To enhance various skills such as leadership, communication, and survival skills.</li> <li>• <b>Physical Fitness:</b> To promote physical fitness and instil a routine of regular physical activities.</li> <li>• <b>Awareness of National Security:</b> To educate cadets about national security issues and the role of armed forces in safeguarding the nation.</li> <li>• <b>Community Service:</b> To engage cadets in community service and disaster management activities, fostering a sense of civic responsibility.</li> </ul>
<b>Learning Outcomes:</b>	<ul style="list-style-type: none"> <li>• <b>Understanding of NCC Fundamentals:</b> Cadets will have a comprehensive understanding of the purpose and operations of the NCC.</li> <li>• <b>Development of Personal Skills:</b> Cadets will develop leadership and team-working skills crucial for personal and professional growth.</li> <li>• <b>Enhanced Physical Fitness:</b> Cadets will achieve improved physical fitness and understand the importance of maintaining physical health.</li> <li>• <b>Preparedness for National Services:</b> Cadets will be better prepared for involvement in national services and community assistance.</li> <li>• <b>Civic Responsibility:</b> Cadets will demonstrate increased civic responsibility through participation in community and national service projects.</li> </ul>

<b>Pedagogy:</b>	<ul style="list-style-type: none"> <li>• <b>Structured Training Sessions:</b> Regular training sessions that include drills, weapon training, and lectures on national security.</li> <li>• <b>Interactive Learning:</b> Engaging cadets through discussions, simulations, and interactive lectures that involve real-life scenarios and problem-solving.</li> <li>• <b>Outdoor Activities:</b> Organizing camps and expeditions that provide hands-on experience in survival skills, navigation, and first aid.</li> <li>• <b>Community Engagement Projects:</b> Involvement in various community service projects such as traffic management, tree plantation, and disaster relief efforts.</li> <li>• <b>Assessment and Feedback:</b> Continuous assessment through physical tests, drills, and project presentations to provide feedback and encourage improvement.</li> </ul>
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**Detailed Syllabus: (per session plan)**

**Session Outline for FOUNDATION COURSE IN NCC**

**Each lecture session would be of one hour duration (30 lectures).**

<b>Module</b>	<b>Module Content</b>	<b>Module Wise Pedagogy Used</b>	<b>Module Wise Duration</b>
<b>I</b>	Foundations of NCC Introduction to NCC Core Values and Ethics	Physical Training and Drill Procedures Basic First Aid and Emergency Response	<b>15 Hrs</b>
<b>II</b>	Physical Training and Drill Procedures Basic First Aid and Emergency Response	Practical drill sessions, physical fitness routines. Hands-on first aid training, emergency simulations.	<b>15 Hrs</b>

**REFERENCE BOOKS**

1. National Cadet Corps Manual: Official Manual of the National Cadet Corps. Provides comprehensive guidelines on the foundational aspects, training protocols, and ethical considerations of the NCC.
2. Thompson, John. "Military Ethics and Virtues: An Interdisciplinary Approach for the 21st Century." London: Routledge, 2011. This book provides insights into the ethical frameworks and core values that are crucial for military and paramilitary training like the NCC.
3. Singh, Rajesh. "Leadership in Uniform: Insights into the Dynamics of Team Leadership." New Delhi: Allied Publishers, 2018. Discusses leadership in the context of military and paramilitary forces, applicable for developing leadership and teamwork skills in NCC cadets.

4. Kumar, Anil. "Emergency Management: A Reference Handbook." New Delhi: APH Publishing, 2019. This handbook covers a wide range of emergency scenarios and appropriate response strategies, ideal for practical emergency training in NCC.

### QUESTION PAPER PATTERN

#### Sem I

- C) **Written Test based on the retention power of the student on the topics taught**
3. **A Class test on True/ False, (10 M)**
4. **Fill in the blanks (10 M)**
- D) **Thematic Appreciation Test ( Based on the values – any 1 or 2 , after watching a video or listening a story or reading any newspaper article (10 M)**
- C) **Self Rating Test at the Entry and Exit Level (NO MARKS)**  
 (To be filled by the learner for knowing self-worth)

Please rate yourself on a scale of 1-10 (1 being the lowest & 10 the highest)

Sr. No.	Parameters	At the beginning of the Course	At the end of the course
1.	Physical Fitness Level		
2.	Discipline and Conduct		
3.	Knowledge of NCC Fundamentals		
4.	Leadership Potential		
5.	Teamwork Skills		

The same pattern for evaluation can be repeated for Sem. II also as per the table given below but modules are different.

#### SEM II

<b>Learning Objectives:</b>	<ul style="list-style-type: none"> <li>• <b>Introduction to NCC Values:</b> To introduce cadets to the core values and mission of NCC which include discipline, unity, and leadership.</li> <li>• <b>Skill Development:</b> To enhance various skills such as leadership, communication, and survival skills.</li> <li>• <b>Physical Fitness:</b> To promote physical fitness and instil a routine of regular physical activities.</li> <li>• <b>Awareness of National Security:</b> To educate cadets about national security issues and the role of armed forces in safeguarding the nation.</li> <li>• <b>Community Service:</b> To engage cadets in community service and disaster management activities, fostering a sense of civic responsibility.</li> </ul>
<b>Learning Outcomes:</b>	<ul style="list-style-type: none"> <li>• <b>Understanding of NCC Fundamentals:</b> Cadets will have a comprehensive understanding of the purpose and operations of the NCC.</li> </ul>

	<ul style="list-style-type: none"> <li>• <b>Development of Personal Skills:</b> Cadets will develop leadership and team-working skills crucial for personal and professional growth.</li> <li>• <b>Enhanced Physical Fitness:</b> Cadets will achieve improved physical fitness and understand the importance of maintaining physical health.</li> <li>• <b>Preparedness for National Services:</b> Cadets will be better prepared for involvement in national services and community assistance.</li> <li>• <b>Civic Responsibility:</b> Cadets will demonstrate increased civic responsibility through participation in community and national service projects.</li> </ul>
<b>Pedagogy:</b>	<ul style="list-style-type: none"> <li>• <b>Structured Training Sessions:</b> Regular training sessions that include drills, weapon training, and lectures on national security.</li> <li>• <b>Interactive Learning:</b> Engaging cadets through discussions, simulations, and interactive lectures that involve real-life scenarios and problem-solving.</li> <li>• <b>Outdoor Activities:</b> Organizing camps and expeditions that provide hands-on experience in survival skills, navigation, and first aid.</li> <li>• <b>Community Engagement Projects:</b> Involvement in various community service projects such as traffic management, tree plantation, and disaster relief efforts.</li> <li>• <b>Assessment and Feedback:</b> Continuous assessment through physical tests, drills, and project presentations to provide feedback and encourage improvement.</li> </ul>

**Detailed Syllabus: (per session plan)**

**Session Outline for Foundation Course in NCC**

**Each lecture session would be of one hour duration (30 lectures).**

<b>Module</b>	<b>Module Content</b>	<b>Module Wise Pedagogy Used</b>	<b>Module Wise Duration</b>
<b>I</b>	Leadership Skills and Team Management  Communication Skills	Workshops on leadership theories, group tasks for team management.  Role-playing exercises and communication drills.	<b>15 Hrs</b>
<b>II</b>	Field Tactics and Map Reading  Community Engagement and Social Responsibility Projects	Field exercises in navigation and tactical movements.  Planning and executing community service projects.	<b>15 Hrs</b>

## REFERENCE BOOKS

1. Northouse, Peter G. "Leadership: Theory and Practice." 8th ed. Thousand Oaks, CA: SAGE Publications, 2018. This textbook offers comprehensive coverage of leadership theories and practices, ideal for workshops on leadership.
2. Yukl, Gary A. "Leadership in Organizations." 9th ed. Upper Saddle River, NJ: Pearson Education, Inc., 2016. This book is useful for understanding the complexities of leadership and team management in various organizational settings.
3. Hughes, Richard L., Robert C. Ginnett, and Gordon J. Curphy. "Leadership: Enhancing the Lessons of Experience." 9th ed. New York: McGraw-Hill Education, 2019. Focuses on leadership development through experiential learning, perfect for designing group tasks and leadership workshops.
4. Adler, Ronald B., and Jeanne Marquardt Elmhorst. "Communicating at Work: Principles and Practices for Business and the Professions." 11th ed. New York: McGraw-Hill Education, 2013. Provides insights into effective communication skills crucial for role-playing exercises and communication drills.
5. Wisler, Claude, and David N. Spires. "Field Tactics for Emergency Response: Enhancing Decision-Making Skills." Denver, CO: Outskirts Press, 2014. This guide is practical for designing field exercises related to navigation and tactical movements.