

**SES's L. S. RAHEJA COLLEGE OF ARTS AND
COMMERCE
(AUTONOMOUS)**



Syllabus of Fundamentals of Psychology – I under NEP 2020 vertical (Major) with effect from 2024- 25

Department of Psychology

HoD/Sr. Person of the Department: Neha Dalal

Date of approval by the BoS: 27/04/2024

Approved by the Academic Council on: 29/04/2024

Ratified by the Governing Body on: 06/05/2024



Programme: Bachelor of Arts				Semester: I	
Course: Fundamentals of Psychology - I				Code: UGBAIPSYMJ124	
Academic Year: 2024-2025				Batch: 2024-2027	
Teaching Scheme			Evaluation Scheme		
Lectures	Practical	Tutorials	Credits	Internal Continuous Assessment (ICA) (weightage)	Term End Examinations (TEE) (weightage)
60	0	0	4	40	60
Particulars				Marks	
Class tests				20	
Projects				10	
Viva Voce				10	

Learning Objectives:	<ol style="list-style-type: none"> 1. To impart knowledge of the basic concepts and modern trends in Psychology. 2. To foster interest in the subject of Psychology and to create a foundation for further studies in Psychology. 3. To make the students aware of the applications of psychological concepts in different areas of day-to-day life.
Learning Outcomes:	<ol style="list-style-type: none"> 1. Recall and understand the fundamental psychological concepts, including the history of psychology, consciousness, biological bases of behavior, learning, and memory. 2. Apply psychological principles and theories to analyze and understand everyday phenomena, such as decision-making, memory processes, and consciousness.
Pedagogy:	<p>Interactive Lectures and Discussions</p> <p>Role-plays and Simulation Exercises</p>

Module	Module Content	Module Wise Pedagogy Used	Module Wise Duration
I	Unit 1. The Science of Psychology a) The history of psychology. b) The Fields of Psychology Today. c) Consciousness d) Sleep e) Dreams f) Hypnosis and effect of psychoactive drugs	Interactive Lectures and Discussions	15

II	The Biological Perspective. a) Neurons and Nerves: Building the Network. b) An overview of the Nervous System. c) Distant connections: The Endocrine Glands. d) Looking inside the Living Brain. e) From the Bottom-up: The structures of the Brain. f) Classic studies in Psychology.	Interactive Lectures and Discussions	15
	g) Applying Psychology to Everyday life.		
III	Learning. a) Definition of Learning. b) Classical conditioning, and Operant conditioning c) Cognitive learning Theory. d) Observational Learning	Interactive Lectures and Discussions	15
IV	Memory a) What is memory? b) The Information Processing Model: Three Memory Systems. c) Retrieval of Long – term Memories. d) Forgetting. e) Neuroscience of memory. f) Applying Psychology to Everyday life	Interactive Lectures and Discussions	15

REFERENCE BOOKS

- Baron, R. A., & Kalsher, M. J. (2008). Psychology: From Science to Practice. (2nd ed.). Pearson Education inc., Allyn and Bacon
- Ciccarelli, S. K. & Meyer, G. E. (2008). Psychology. (Indian sub-continent adaptation). New Delhi: Dorling Kindersley (India) pvt ltd.
- Ciccarelli, S. K., & White, J. N. (2017). Psychology. 4th edi. New Jersey: Pearson education
- Feist, G.J, & Rosenberg, E.L. (2010). Psychology: Making connections. New York: McGraw Hill publications
- Ciccarelli, S.K., White, J.N., & Mishra, G. (2018). Psychology. 5th Edition; Indian Adaptation. Pearson India Education Services Pvt. Ltd.
- Feldman, R.S. (2013). Psychology and your life. 2nd edi. New York: McGraw Hill publications
- Feldman, R.S. (2013). Understanding Psychology 11th edi. New York: McGraw Hill publications
- King, L.A. (2013). Experience Psychology. 2nd edi. New York: McGraw Hill publications
- Lahey, B. B. (2012). Psychology: An Introduction. 11th edi. New York: McGraw-Hill Publications
- Myers, D. G. (2013). Psychology. 10th edition; International edition. New York: Worth Palgrave Macmillan, Indian reprint 2013
- Schachter, D. L., Gilbert, D. T., & Wegner, D. M. (2011). Psychology. New York: Worth Publishers.
- Wade, C. & Tavis, C. (2006). Psychology. (8th ed.). Pearson Education inc., Indian reprint by Dorling Kindersley, New Delhi

