

**SES's L.S. RAHEJA COLLEGE OF ARTS AND COMMERCE  
(AUTONOMOUS)**



**Syllabus of Introduction to Psychology under NEP 2020 vertical (Minor) with effect from 2024- 25**

**Department of Psychology**

**HoD/Sr. Person of the Department: Neha Dalal**

**Date of approval by the BoS: 27/04/2024**

**Approved by the Academic Council on: 29/04/2024**

**Ratified by the Governing Body on: 06/05/2024**



<b>Programme: Bachelor of Arts</b>			<b>Semester: II</b>		
<b>Course: Introduction to Psychology (Minor)</b>			<b>Code: UGBAIIPSYMN24</b>		
<b>Academic Year: 2024-2025</b>			<b>Batch: 2024-2027</b>		
<b>Teaching Scheme</b>			<b>Evaluation Scheme</b>		
<b>Lectures</b>	<b>Practical</b>	<b>Tutorials</b>	<b>Credits</b>	<b>Internal Continuous Assessment (ICA) (weightage)</b>	<b>Term End Examinations (TEE) (weightage)</b>
30	Nil	Nil	2	20	30
<b>Particulars</b>				<b>Marks</b>	
Class tests				10	
Projects				5	
Viva Voce				5	

<b>Learning Objectives:</b>	<ol style="list-style-type: none"> <li>1. To impart knowledge of the basic concepts and modern trends in Psychology.</li> <li>2. To foster interest in the subject of Psychology and to create a foundation for further studies in Psychology</li> </ol>
<b>Learning Outcomes:</b>	<ol style="list-style-type: none"> <li>1. Explain the main characteristics and principles of historical schools of psychology.</li> <li>2. Understand the scientific method and its application in psychology.</li> </ol>
<b>Pedagogy:</b>	<p>Interactive Lectures and Discussions Role-plays and Simulation Exercises</p>

<b>Module</b>	<b>Module Content</b>	<b>Module Wise Pedagogy Used</b>	<b>Module Wise Duration</b>
I	<ol style="list-style-type: none"> <li>a) Brief history of psychology.</li> <li>b) Historical schools of psychology</li> <li>c) Major perspectives in psychology: biological, cognitive, behavioral, psychodynamic, and socio-cultural.</li> <li>d) Current trends and applications of psychology</li> </ol>	<p>Interactive Lectures and Discussions Role-plays and Simulation Exercises</p>	15
II	<ol style="list-style-type: none"> <li>a) Psychology as science</li> <li>b) Scientific method and its application in psychology.</li> <li>c) Types of research designs: experimental, correlational, and descriptive.</li> <li>d) Ethical considerations in psychological research.</li> </ol>	<p>Interactive Lectures and Discussions Role-plays and Simulation Exercises</p>	15

## REFERENCE BOOKS

- Baron, R. A., & Kalsher, M. J. (2008). Psychology: From Science to Practice. (2nd ed.). Pearson Education inc., Allyn and Bacon
- Ciccarelli, S. K. & Meyer, G. E. (2008). Psychology (Indian sub-continent adaptation). New Delhi: Dorling Kindersley (India) pvt ltd.
- Ciccarelli, S. K., & White, J. N. (2017). Psychology. 4<sup>th</sup> ed. New Jersey: Pearson education
- Feist, G.J., & Rosenberg, E.L. (2010). Psychology: Making connections. New York: McGraw Hill publications
- Ciccarelli, S.K., White, J.N., & Mishra, G. (2018). Psychology. 5<sup>th</sup> Edition; Indian Adaptation. Pearson India Education Services Pvt.ltd.
- Feldman, R.S. (2013). Psychology and your life. 2<sup>nd</sup> ed. New York: McGraw Hill publications
- Feldman, R.S. (2013). Understanding Psychology 11<sup>th</sup> ed. New York: McGraw Hill publications
- King, L.A. (2013). Experience Psychology. 2<sup>nd</sup> ed. New York: McGraw Hill publications
- Lahey, B. B. (2012). Psychology: An Introduction. 11<sup>th</sup> ed. New York: McGraw-Hill Publications
- Myers, D. G. (2013). Psychology 10<sup>th</sup> edition; International edition. New York: Worth Palgrave Macmillan, Indian reprint 2013
- Schachter, D. L., Gilbert, D. T., & Wegner, D. M. (2011). Psychology. New York: Worth Publishers.
- Wade, C. & Tavris, C. (2006). Psychology. (8<sup>th</sup> ed.). Pearson Education inc., Indian reprint by Dorling Kindersley, New Delhi

## QUESTION PAPER PATTERN (30 marks)

**Q1. Answer any one (15 marks)**

**A. Unit one**

**Or**

**B. Unit one**

**Q2. Answer any one (15 marks)**

**A. Unit two**

**Or**

**B. Unit two**

